

# How to access your EAP Guidance Resources

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\*Disclaimers, legal, special notes.

# How to access your EAP Guidance Resources

Step 1

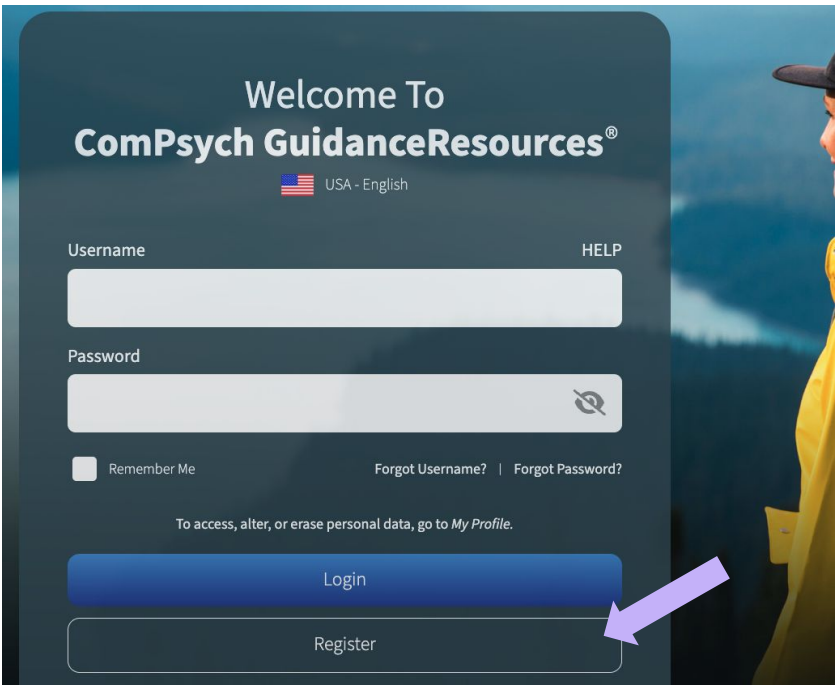
## Eligibility and Automatic Enrollment

The Guardian Employee Assistance Program (EAP), offered through ComPsych, is available to all employees enrolled in any Guardian ancillary plan. No action is required to enroll — employees are automatically enrolled upon benefits activation.

Step 2

## Registering on the ComPsych Website

Once enrolled, employees can register for online access to the EAP platform. Begin by visiting the [GuidanceResources® website](#) and clicking on "Register" in the upper right corner.



Step 3

## Enter Your Organization Web ID

You'll be redirected to a page prompting you to enter your Organization Web ID. Enter **Guardian** and click "Register" to proceed.



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Step 4

## Create Your User Profile

Complete the registration form by filling in all required fields, such as your name, email, and chosen password. Once finished, click "Submit" to create your profile.

### Registration: Profile

To register for GuidanceResources®, simply fill in the areas below.

\* Required

Organization Web ID: Guardian

\* Username

First Name

Select your own user name: 6-16 characters, no spaces.

\* Password

\* Confirm Password

Password Requirements

\* Personal E-mail Address

\* Confirm Email Address

☐ \*I am at least 13 years old

☐ \* Use of this website is subject to the terms of [ComPsych's Privacy Notice](#) ⊕

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☐ You agree to receive occasional emails from ComPsych® about the Personal Journey. You can unsubscribe at any time. For more information, please see our [Privacy Policy](#).

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Submit

Step 5

## Explore the EAP Resources

After registration, you'll be taken to your personal GuidanceResources® dashboard. From here, you can explore a wide range of support tools, including counseling resources, work-life solutions, legal and financial advice, and more.

